Development of dosimetry using detectors of diagnostic digital radiography systems

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Dosimetry using an imaging plate (IP) of computed radiography (CR) systems was developed for quality control of output of the x-ray equipment. Sensitivity index, or the $S$ number, of the CR systems was used for estimating exposure dose under the routine condition: exposure dose from 1.0 to $1.0 \times 10^2 \, \mu C \, kg^{-1}$, tube voltages from 50 to 120 kV, and added filtration from 0 to 4.0 mm Al. The IP was calibrated by using a 6 cc ionization chamber having traceability to the National Standard Ionization Chamber. The uncertainty concerning the fading effect was suppressed less than 1.9% by reading the latent image 4 min±5 s after irradiation at the room temperature 25.9±1.0 °C. The $S$ number decreased linearly on the logarithmic graph regardless of the beam quality as exposure dose increased. The relationship between the exposure dose ($E$) and the $S$ number was fitted by the equation $E = a' \times S^{-b}$. The coefficient $a'$ decreased when the added filtration and the tube voltage were increased. The coefficient $b$ was $0.977 \pm 0.007$ in all beam qualities. The dosimetry using the IP and the equation can estimate the exposure dose in a range from $9.0 \times 10^{-2}$ to $5.0 \, \mu C \, kg^{-1}$ within an uncertainty of ±5% required by the Japanese Industry Standard. This dose range partially included the doses under routine condition. The doses between 1.0 and $1.0 \times 10^2 \, \mu C \, kg^{-1}$ under the routine condition can be shifted to the 5% region by using an absorber. The IP dosimetry is applicable to the quality control of the CR systems. © 2007 American Association of Physicists in Medicine. [DOI: 10.1118/1.2402911]

Key words: imaging plate, quality control, sensitivity index, dose estimation

I. INTRODUCTION

The average annual frequency of diagnostic x-ray examinations between 1991 and 1996 came to 1477 per 1000 population in Japan, this being the highest in the world.1 Although examinations provide great benefits, their use involves the risk of developing cancer.2 The risk due to the examinations provides great benefits, their use involves the risk of developing cancer.2 The risk due to the examinations among medical facilities, hospitals, and clinics.3 Optimisation of the examinations is indispensable to reduce the unnecessary patient’s dose compared with reference doses.4 Quality assurance (QA) of x-ray equipment is one of the important factors for optimizing the examinations. QA is a procedure that will assure the output, image quality, alignments of equipment, and overall performance of x-ray equipment.5 Quality control (QC) is a program designed to maintain the performance of x-ray equipment after the acceptance testing based on the QA.6,7 The QC of the output consists of the QC of both exposure dose and beam quality.

Recently, CR systems have come into wide use, replacing screen-film systems.1 The CR systems make digital x-ray images using an imaging plate (IP) as a detector. CR systems equipped with an exposure data recognizer (EDR) can automatically provide images whose optical densities are appropriate for diagnosis regardless of the exposure dose.8 Thereby, CR systems considerably reduce the number of repeat films. EDR, however, prevents the radiological technologist from recognizing erroneous exposures when observing the images. Measurements are essential to detect erroneous exposure in CR systems.

The amount of photostimulated luminescence (PSL) emitted from the IP is linearly proportional to the exposure dose over four orders of magnitude.9 Each CR manufacturer defines their individual output index as it is related to PSL intensity.10 Fuji CR systems express their sensitivities by using an $S$ number that was specified to 400 when a dose of...
1.29 × 10⁻¹ μC kg⁻¹ (0.5 mR) was exposed to IP at a tube voltage of 80 kV. The relationship between exposure dose and the S number is inversely proportionate.

Several methods for estimating the exposure dose with indices relating to the PSL value have been reported. Tatsumi et al. reported on the dependency of the S number for exposure doses ranging from 0.13 to 1.3 μC kg⁻¹ (0.5 to 5 mR) and the tube voltage from 40 to 120 kV. Chu et al. showed how the S number decreased when the tube voltage was increased in a range between 50 and 90 kVp. These two reports did not describe the measurement uncertainty.

Shiraishi et al. estimated the entrance surface doses of 182 patients by using the PSL value per pixel. The doses ranging from 0.8 to 25 μC kg⁻¹ (from 0.03 to 0.9 mGy) were determined within an uncertainty of ±40%. Tucker et al. estimated two exposure doses within an uncertainty of ±40% under the routine conditions is needed in order to apply IP to the QC of the CR system.

The purposes of this study are to analyze the dependency of an output index on exposure dose, tube voltage, added filtration; to determine the dose range meeting JIS standard; and to demonstrate the feasibility of quality control of the exposure dose with IP of the CR system.

II. MATERIALS AND METHODS
A. CR system

Figure 1 shows the constitution of a CR system. The CR system (Fuji Photo Film Co., Ltd.) is composed of x-ray equipment (DHF-155H, Hitachi Medico Co., Ltd.), an IP (ST-VN, Fuji Photo Film Co., Ltd.), a console unit (CR Console Lite, Fuji Photo Film Co., Ltd.), and a reader with EDR (FCR-5000plus, Fuji Photo Film Co., Ltd.). The x-ray equipment is comprised of an x-ray tube, an inverter-type high-voltage generator, and a collimator. The total inherent filtration consisting of the x-ray tube and the collimator was 1.8 mm in Al equivalent. The pixel size was 150 × 150 μm. The gray scale range was given by a 10-bit integer value.

B. Theoretical analysis

1. Relationship between exposure dose and latitude

Figure 2 shows the flow of photostimulated lights (signals) emitted from IP. Phosphor stores absorb energy in proportion to the exposure dose (E) when IP is irradiated by x rays. PSL emitted from the phosphor by a He-Ne laser beam is collected by a photomultiplier tube (PMT) through a light guide, and it is converted to a current (I). The dynamic range of the current extends over 3.6 digits. The relationship between the current and the exposure dose is expressed by the following equation:

\[ I = d \times E, \]  

(1)

where \( d \) is a proportional coefficient. \( E \) is expressed as follows:

\[ E = \frac{I}{d}. \]
where $i$ is a logarithm of the current, $i = \log_{10} I$. The range of $i$ was designed between 0.3 and 4.3 so that the exposure dose $E$ corresponding to $i=2$ equals $1.29 \times 10^{-1} \mu \text{C kg}^{-1}$ (0.5 mR) at 80 kV. A default value of $d=100/0.129 = 775.2 \times 10^6 \text{C}^{-1} \text{kg}$ is given in the reader.

The EDR makes a distribution of the number of pixels having the same value $i$ vs the value $i$ (histogram). The histogram shows a pattern specific to a region of a patient’s body such as head, chest, abdomen, etc. The EDR automatically selects an optimum range of the value $i$ (latitude $L$) to produce images suitable for diagnosis by taking a histogram pattern into account. The middle point in the range of latitude $L$ was termed $S_k$. The $S$ number is expressed by the following equation using $S_k$: $S = 4 \times 10^{4(S_k-5)}$. (3)

The EDR has four processing modes: auto, fix, manual, and semiauto. In the semiauto mode, the EDR outputs the $S$ number calculated by using $S_k$ equal to an average $i$ in a ROI. The EDR was also designed so that the value $L$ and the film density do not vary depending on the exposure. The following equation (4), obtained by substituting $S_k$ for $i$ in Eq. (2), expresses an average $E$ ($\bar{E}$) per pixel in the ROI, $\bar{E} = \frac{1}{d} 10^{S_k}$. (4)

2. Relationship between exposure dose and $S$ number

Figure 3 shows a histogram of IP exposed by a flat field, or without objects. The $S_k$ of the flat field coincides with the peak of the histogram. In this case, the $\bar{E}$ in Eq. (4) can be replaced by the $E$. Equation (5) is derived from Eqs. (3) and (4) by eliminating $10^{S_k}$, $E = \frac{a}{S}$, (5)

where the coefficient $a=4 \times 10^4 \times d^{-1}$. Equation (5) was termed a general equation. The coefficient $a$ was determined to be $51.6$ by the manufacturer when IP was exposed at $E = 1.29 \times 10^{-1} \mu \text{C kg}^{-1}$ (0.5 mR) at 80 kV. The reader outputs the exposure dose $E$ calculated using the following equation: $E = \frac{51.6}{S}$. (6)

Hereafter, Eq. (6) is termed a standard equation.

Equation (7) is obtained by taking logarithms of Eq. (5), $\log E = \log a - \log S$. (7)

This equation is a straight line with a slope of $-1$ on a logarithmic graph, and its intercept is $\log a$.

Equation (8) is obtained by substituting $a'$ for $a$, and $b$ for the slope $-1$ in Eq. (7) in order to improve the approximate precision, $\log E = \log a' + b \times \log S$. (8)

A linear expression of Eq. (8) is given by the following equation: $E = \frac{a'}{S'}$. (9)

Equation (9) was termed a modified equation.

C. Measurement

1. Measurement setup

Figure 4 shows the layout of the ionization chamber and IP. The IP was calibrated by substituting IP with a 2.46 cm diameter and 3.84 cm long chamber (Radcal 9015, $10 \times 5$ –6) which was calibrated by the National Standard Ionization Chamber. Added filters were set on the lead mask.
placed at 48 cm from the focal point. The 8 × 8 cm exposure field contained a 5 × 5 cm ROI on IP and the ionization chamber. The chamber was placed 60 cm from the floor for removing the effect of backscattering. IP was irradiated at tube voltages of 50, 70, 90, and 120 kV, and the tube current was 10 mA. Three IPs were irradiated in sequence. The average S number of the three IPs was referred to the S number.

Table I lists half-value layers for 40 combinations of 4 tube voltages and 10 added filtrations.

### 2. Dependency of S number on exposure dose and beam quality

The dependency of the S number on the exposure dose was evaluated at the added filtrations of 0, 2.0, and 4.0 mm Al. Exposure doses from $1.03 \times 10^{-2}$ to $2.5 \times 10^{-1}$ C kg$^{-1}$ were adjusted by controlling irradiation time from 1 ms to 8 s and FCD from 120 to 330 cm.

The dependency of the S number on the beam quality was analyzed at the added filtrations of 0, 0.3, 0.6, 1.0, 1.5, 2.0, 2.5, 3.0, 3.5, and 4.0 mm Al. Exposure doses were adjusted between $1.1 \times 10^{-1}$ and $4.3 \times 10^{-1}$ C kg$^{-1}$ by controlling irradiation time between 8 and 100 ms at FCD 120 cm.

### 3. Fading

The time interval from irradiation to reading (fading time) was determined by observing the fading curve and taking into account the time required to carry the IP from the irradiation room to the reading room. IPs were irradiated for 20 ms without additional filter at 70 kV. A focus-chamber distance (FCD) was set at 100 cm. The IP was read at 1 min intervals between 2 and 10 min, at 5 min intervals between 10 and 30 min, and at $30 \times 2^n$ min ($n=0–6$) intervals between 30 and 2200 min. Fading rates were calculated by normalizing the PSL value at any elapsed time to that at 2 min.

Temperature on the IP was measured by a thermometer with a needle-type sensor.

### 4. Accuracy of IP dosimetry

The exposure doses and the S numbers were indicated as discrete numerical values on the display. An increment of adjacent numbers represents a resolution of a measurement system. The resolution of the exposure dose measured by the ionization chamber is $5.2 \times 10^{-3}$ C kg$^{-1}$ when $E<1.04 \mu$C kg$^{-1}$ and $5.0 \times 10^{-3}$×E $\mu$C kg$^{-1}$ when $E\geq 1.04 \mu$C kg$^{-1}$. The resolution of the S number is 1 when $S<50$ and 0.03×S when $S\geq 50$. An uncertainty due to the resolution is given by $(2/3)^{-1}$ of the increment. Overall uncertainty of a dosimetry with IP (IP dosimetry) is given by a root of the sum of the square of the standard deviation of a measurement and the square of the uncertainty of the resolution. The dose and the S number where the measurement uncertainty were less than 5% were termed their applicable regions.

The exposure dose measured with the ionization chamber [reference dose ($D_r$)] was compared with the doses ($D_o$) calculated by Eqs. (5), (6), and (9). Accuracy of the IP dosim-
etry was represented by using a relative discrepancy between the reference dose and the calculated dose, \( 100 \frac{D_r - D_e}{D_r} \% \).

III. RESULTS

A. Fading

Figure 5(a) shows a fading curve. The IP’s temperature was 25.9±1.0 °C. The PSL value decreased from 100% at 2 min to 40% at 2200 min with increasing elapsed time. Figure 5(b) shows the fading within 10 min. The relationship between the elapsed time \( x \) and the fading rate \( y \) during the first 10 min after irradiation was approximated linearly by the following equation:

\[
y = -1.1x + 102. \tag{10}
\]

The coefficient of correlation \( (R^2) \) was 0.988. The uncertainties of the fading rates were less than 2.7%. It took 4 min±5 s from irradiation to reading. Fading rates at 4 min and 4 min±5 s calculated with Eq. (10) were 97.6%, 97.7%, and 97.5%, respectively, and they agreed within ±0.1%. Overall uncertainties concerning fading at 4 min were less than 1.9%. Hereafter, all IPs were measured 4 min after irradiation.

B. Dependency of exposure dose on \( S \) number

Figure 6 shows the relationship between the exposure dose and the \( S \) number when the added filtration was 4 mm Al and the tube voltages were 50, 70, 90, and 120 kV. The \( S \) number decreased linearly regardless of the tube voltage as the exposure dose increased. The relationships obtained at the added filtrations of 0 and 2 mm Al showed similar tendencies.

Figure 7 represents the measurement uncertainty of the 6 cc ionization chamber for the beam qualities: tube voltage 50–120 kV, the added filtrations 0–4.0 mm Al, and the dose \( 1.03 \times 10^{-2} \sim 25 \mu \text{C kg}^{-1} \). The uncertainty was approximated by an inverse proportional equation. The uncertainty decreased as the dose increased, and showed lower values than 5% in doses over 0.05 \( \mu \text{C kg}^{-1} \). The chamber satisfied the JIS requirement for 5% uncertainty in a dose region beyond 0.05 \( \mu \text{C kg}^{-1} \).

Figure 8 shows the uncertainty of the IP under the same exposure conditions as the chamber in Fig. 7. The uncer-
tainty decreased as the $S$ number increased, and showed lower values than 5% in regions between 7 and $10^2$ with the exception of $S$=10. The IP dosimetry satisfied the JIS requirement for the uncertainty 5% in a region over 7.

Figure 9(a) shows the relative discrepancy between the reference dose and the calculated dose with the standard equation (6) at an added filtration of 0 mm Al. The dot and dash lines show ±5% and ±10%, respectively. The discrepancies increased as the exposure dose and tube voltage increased. The relative discrepancies at 50, 70, 90, and 120 kV ranged from −52% to −47%, from −36% to −31%, from −30% to −19%, and from −25% to −12%, respectively. The relative discrepancies were larger than 10%. Figure 9(b) shows the distribution of the relative discrepancies at an added filtration of 4 mm Al. The relative discrepancies decreased when the added filtration was increased. The relative discrepancies at 70, 90, and 120 kV were distributed partially within ±5%. The relative discrepancies at an added filtration of 2.0 mm Al showed middle values between the filtration of 0 and 4 mm Al.

Figure 10 shows the relative discrepancy between the reference dose and the calculated dose with the general equation at the added filtration of 4 mm Al. The relative discrepancies less than 5% in a dose range from 0.18 to 2.6 $\mu$C kg$^{-1}$. The relative discrepancies at the added filtrations of 0 and 2 mm Al showed similar dependency.

Figure 11 shows the relative discrepancy between the reference dose and the calculated dose with the modified equation at the added filtration of 4 mm Al. The relative discrepancies less than 5% in a dose range from $9.0 \times 10^{-2}$ to 5.0 $\mu$C kg$^{-1}$. The region less than 5% obtained with the modified equation was 3.8 times of that obtained.
with the general equation. The standard deviations showed a larger value than 5% in the low doses between 0.05 and 0.09 μC kg⁻¹, and in the high doses between 5 and 20 μC kg⁻¹. Each relative discrepancy, however, was smaller than 5%.

Figure 12 compares the applicable dose regions corresponding to an uncertainty less than 5% among the three equations. The applicable dose regions of the standard equation were between 2.0 and 5.0 μC kg⁻¹ only at 90 and 120 kV at 4 mm Al. The standard equation was effective under limited conditions. The applicable dose regions of the general equation were between 0.18 and 2.6 μC kg⁻¹ at 4 mm Al and between 0.18 and 1.7 μC kg⁻¹ at 0 and 2 mm Al. The general equation was effective for about one digit. The applicable dose region of the modified equation covered doses between 9.0 × 10⁻² and 4.0 μC kg⁻¹. The modified equation was effective in 1.7 digits. The dose range of 0.7 digits out of the 1.7 digits was included in the routine.

Figure 13 shows the relationship between the added filtration and the coefficients (a) or (b) a’. The coefficients a and a’ decreased following quadratic functions when the added filtration and the tube voltages increased. The coefficients a and a’ of the low voltage were larger than those of the high voltage at all filtrations with the exception of a’ at 120 kV. The coefficient a’ of 120 kV was approximately constant in the filtration beyond 2 mm Al. The coefficient b was distributed between 0.965 and 0.989, and the mean was 0.977. The b indicated no specific tendency.

IV. DISCUSSION

Practical reference dosimeters must have an uncertainty less than 3% in accordance with JIS. The uncertainty of measurements including variable x-ray outputs should also be less than 5%. The relationships between the exposure dose and the S number, or the sensitivity index of the CR systems, were quantitatively analyzed for 160 combinations of 10 exposure doses, 4 tube voltages, and 10 added filtrations. The relationship was effectively approximated by the modified equation (9) as shown in Fig. 11. The uncertainty of less than 5% required by the JIS was attained by using Eq. (9) in the doses ranging from 0.09 to 3.4 μC kg⁻¹. The IP dosimetry met the JIS standard in this dose range. This region included the restricted dose ranging between 1.0 and 5.0 μC kg⁻¹ in
the routine. The accuracy of the IP dosimetry in this dose region was equivalent to that of the practical reference dosimeter with the traceability. Thus, IP dosimetry can be applied to quality control in a restricted dose region in the routine.

Fading affects the uncertainty of the measurements. The fading rate varied depending on the temperature and the fading time, or the time interval between irradiation and measurement. The temperature of the IP was kept constant at 25.9 ± 1.0 °C during experimentation. Floyd et al. recommended reading the IP 60 min after irradiation for minimizing the fading influence.13 Sixty min fading time is too long, because the PSL value decreases to about 70% after 60 min as shown in Fig. 5, and the background PSL increases proportional to the elapsed time. The fading and the increased background degrade image quality. The fading time should be as short and constant as possible. Thus, the fading time was kept within 4 min ± 5 s. When the time fluctuated within ±5 s, the fading rate calculated with Eq. (10) fluctuated less than 0.1%. Consequently, the error due to the fading effect was less than 0.1% in all measurements. The fading effect was suppressed to less than 1.9% including the measurement error. The fading effect was negligible.

The uncertainty of the 6 cc ionization chamber became larger than 5% in a dose region lower than 5.0 × 10⁻² μC kg⁻¹ as shown in Fig. 7. It was inferred that the large uncertainty of the relative discrepancy between the reference and calculated doses in the low-dose region shown in Figs. 9–11 was caused by the large uncertainty of the ionization chamber. High-precision ionization chambers for low-dose regions are available. Thus, large uncertainties must be reduced to less than 5% by using an ionization chamber with high precision in a low-dose region below 5.0 × 10⁻² μC kg⁻¹.24 On the other hand, the uncertainty of the IP showed larger values than 5% for the S number smaller than 7, or a high-dose region as shown in Fig. 8. The large relative discrepancy in the high-dose region was produced by the large uncertainty of the S number. The large uncertainty of the S number was caused by digital resolution of one digit in the small S number region given by the CR system’s software. Improving the software’s resolution is difficult. The uncertainty of the S number, however, was smaller than 5% in the S number ranging between 7 and 10⁴. The S numbers 7 and 10⁴ correspond to the doses 8.0 and 1.0 × 10⁻² μC kg⁻¹, respectively. The IP calibrated with the two ionization chambers can estimate dose regions between 1.0 × 10⁻² and 8.0 μC kg⁻¹ within an uncertainty of 5% (5% region). The doses between 1.0 and 1.0 × 10² μC kg⁻¹ under the routine can be shifted to the 5% region by using an absorber. Thereby, the IP dosimetry will be able to estimate the dose under the routine within an uncertainty of 5%. The effectiveness of the IP dosimetry using the absorber, however, must be investigated experimentally.

The coefficients a' decreased when the added filtration for the four tube voltages shown in Fig. 13 was increased. The CR systems must have their inherent coefficients, and may change after installation25 due to degradation of the laser output, optical parts, etc. The coefficients a' as well as b should be calibrated periodically using the reference dosimeter.

The quality control of the x-ray equipment involves measurement of the exposure dose and the indices concerning the beam quality such as a maximum energy, effective energy, Al half-value layer, and a quality index. The indices of the beam quality are measured with Ge semiconductor detectors, ionization chambers, and x-ray analyzers. This research proved the effectiveness of IP dosimetry for the quality control of exposure doses of the CR system. In addition, if an IP can measure the beam quality instead of the above-mentioned devices, the IP dosimetry may be applied to the QC of the output and the beam quality. The most important point is that the IP dosimetry does not require any additional instruments for the QC. IP dosimetry will greatly contribute toward diffusing the QC of CR systems. The development of a method for measuring beam quality using the IP is expected in the next step.

The accuracy and effectiveness of the IP dosimetry was demonstrated for the Fuji CR system in this research. However, other manufacturers’ CR systems do not necessarily use S numbers and do not always calculate a dose index from the IP in the same manner as Fuji. The effectiveness of the IP dosimetry should be confirmed for every CR system in use.

V. CONCLUSION

A method for estimating exposure doses using IP of the CR systems within the uncertainty of ±5% was developed. The sensitivity index, S number, decreased linearly on logarithmic graph regardless of the tube voltage and the added filtration as exposure dose increased. Uncertainties of the doses estimated using the S number between 7 and 10⁴ are less than 5%. The modified equation satisfies the JIS requirement for the measurement uncertainty of ±5% in a dose range from 9.0 × 10⁻² to 5.0 μC kg⁻¹. This dose range partially included the doses under routine examinations. The IP dosimetry is applicable to the quality control of the exposure dose of the CR systems.

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